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Cross-Border Hospital Management and Implementation of International Healthcare Quality Standards

Asia Association of Chinese Healthcare Management Forum | Taiwan | November 13, 2025

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Hospital Director, Bangkok Hospital Chiang Mai

















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FACT 1

3 Year

Mongolia

I worked in Mongolia for 3 year as an Executive Director of the UB-Songdo Hospital, July 2014- June 2017, supported by Lite Med and UNISON Taiwan.





4+Year

Cambodia

In Cambodia for 4 plus years (July 2017- November 2021), supported by Lite Med and Urology Association of Asia based in Taiwan

















FACT 2

BDMS group is the biggest for profit hospital network, listed in SET

- Quality JCI accredited.
- Financial transparency

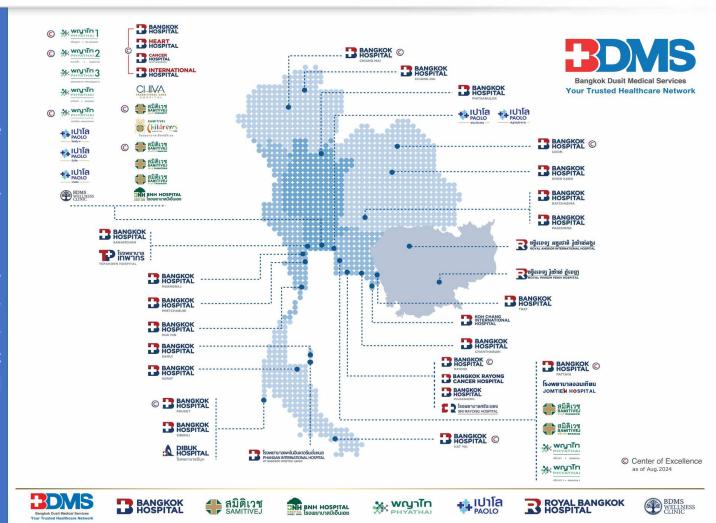
BDMS

Thailand's
Largest Private
Hospital
Operator

hospitals with 8 non-hospitals & 3 BDMS Wellness throughout Thailand

consisting of beds

8,700



















FACT 3: ESG (Environmental, Social and Governance)





















Thailand as a country is Relatively Young

- Sukhothai (อาณาจักรสุโขทัย) : 1238 CE
 - Dated Back 787 Year
- Ayutthaya (อาณาจักรอยุธยา): 1350 CE /Bangkok : 1782 CE
- A Chinese chronicle mentions a polity called 程良 (Chéng Liáng) likely located in present-day northern Thailand in the year **1001 CE** (in the Song dynasty).
- The name 暹羅 (Xiānluó) or 暹 (Xiān) appears in Chinese and Vietnamese sources from 1149 CE onwards in the lower Chao Phraya basin region.
- More concretely: A tributary mission from a polity identified as Xian (暹) was sent to the Yuan court in 1292 CE.
- So, to answer your question: the first recognitions in Chinese sources date to around 1001 CE, with more regular diplomatic/tribute contacts by the late 12th/13th centuries.

















Opening Vision: Healthcare Knows No Borders: BDMS Group 4 Cross-Border Excellence

" Healthcare knows no borders when quality becomes our shared language."

BDMS Group 4: Thailand, Myanmar, Laos, Cambodia and South China linkage

BDMS: ASEAN's largest private hospital network

Purpose: Bridging quality standards × cross-border operations

Global Context of Cross-Border Healthcare

- Aging, declining birth rates, and medical migration
- Rising demand for tertiary care across borders
- Thailand as ASEAN medical hub (40% international patients) and Deregulations
- Challenge: Harmonizing standards, data, and trust









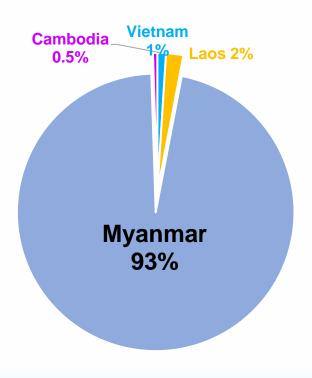






CLMV (Cambodia , Laos, Myanmar ,Vietnam)



















3 Main Groups of Chinese Residents in Chiang Mai

Retirees and families seeking a peaceful life

Remote workers and online entrepreneurs

Students and cultural enthusiasts





















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Relaxed lifestyle and pleasant environment

- •Chiang Mai offers a slower pace, beautiful nature, friendly locals, and a peaceful atmosphere.
- •In Chinese social media, people often say things like "Go to Chiang Mai to retire" (去清迈养老).

Lower cost of living

- •Rent, food, and general living expenses are much cheaper than in large Chinese cities.
- Some choose to retire or work remotely from Chiang Mai for this reason — same income, lower expenses.

Safety and quality of life

Chiang Mai is known for being one of the safest cities in Southeast Asia. The locals are kind, the culture is peaceful, and healthcare services are excellent and affordable. Many Chinese families feel comfortable and welcomed there

Why Chinese People Move to Chiang Mai, Thailand

Digital nomad and remote-work hub

- Chiang Mai is world-famous as a digital nomad city, affordable lifestyle, creative community.
- •Many young Chinese professionals, freelancers, or content creators relocate there to work online

Personal and spiritual reasons

People move for cultural or spiritual reasons learning Thai language, Buddhism, or meditation. Others say living in Chiang Mai feels more meaningful and balanced than life in China's big cities.

Investment and business opportunities

- Some Chinese move to Chiang Mai to buy property or start small businesses, such as cafés, restaurants, or homestays.
- •A growing "Chinese economic community" is emerging in Chiang Mai, especially in real estate and tourism.





















Chiang Mai: A Regional Healthcare Leader

Chiang Mai excels in healthcare, ranking 3rd globally among cities in Numbeo's 2025 Health Care Index, with a score of 85.0. This underscores Chiang Mai's status as a premier destination for medical services in the region.

Rank	City	^ Health Care II	ndex	Health Care Exp. Index
1	Kaohsiung, Taiwan		88.6	163.6
2	Taipei, Taiwan		86.7	159.4
3	Chiang Mai, Thailand		85.0	156.0
4	Makati, Philippines	THE RANKINGS	85.0	156.6
5	Seoul, South Korea		83.0	152.0
6	Tokyo, Japan		79.2	144.2
7	Bursa, Turkey		78.0	141.5
8	Bangkok, Thailand	เชียงใหม่ อันดับ 3	77.2	140.7
9	Qingdao, Shandong, China	เมืองที่มีระบบสาธารณสุขดีที่สุดในโลก	76.7	138.9
10	Pattaya, Thailand	โดย Numbeo Health Care Index 2025	74.4	136.3



Health Care in Chiang Mai, Thailand

Component of health care surveyed	Satisfaction %
Skill and competency of medical staff	82.75 Very High
Speed in completing examinations and reports	88.73 Very High
Equipment for modern diagnosis and treatment	86.57 Very High
Accuracy and completeness in filling out reports	84.15 Very High
Friendliness and courtesy of the staff	91.07 Very High
Satisfaction with responsiveness (waitings) in medical institutions	81.43 Very High
Satisfaction with cost to you	82.04 Very High
Convenience of location for you	86.07 Very High

Contributors: 71

Last update: November 2024

These data are based on perceptions of visitors of this website in the past 5 years.



https://www.numbeo.com/health-care/ranking.jsp

*Our health care survey has been completed by 48,629 people across 4,409 cities worldwide.

















Best Hospital in Chiang Mai for Expats

- 1. Bangkok Hospital Chiang Mai (Most advance, Expensive)
- 2. Chiang Mai Ram Hospital (Popular for expats)
- 3. Sriphat Medical Center (Affordable, linked to CMU)















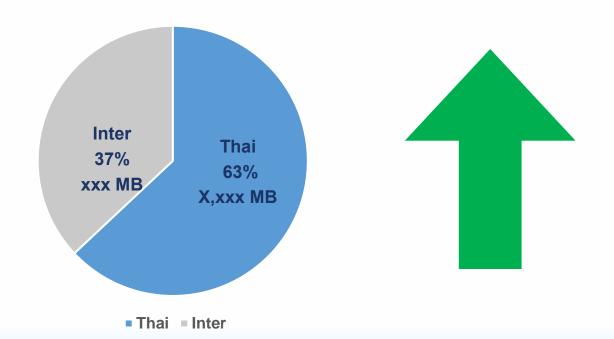




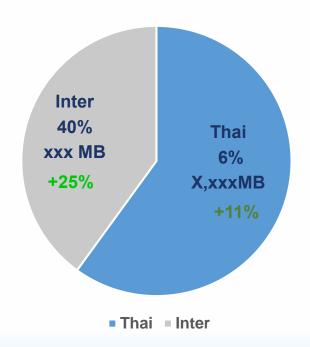
Bangkok Hospital Chiang Mai Patients Proportion Thai VS International

International patients has been tremendous increased +16% vs YTD LY

Revenue YTD Oct 2024 : x,xxx MB



Revenue YTD Oct 2025 : x,xxx MB



YTD as of 31 Oct 2025







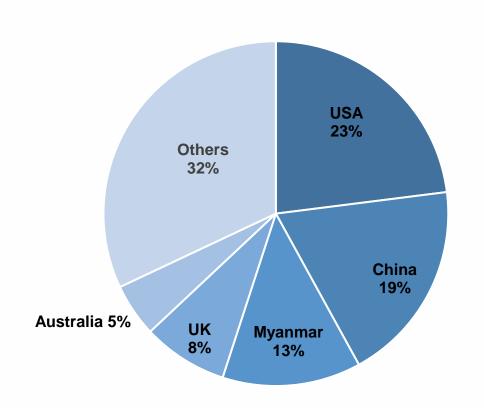








Bangkok Hospital Chiang Mai International Patients Proportion by Top 5 Nationality YTD as of 31 Oct 2025



Nationality	Revenue (THB)	% Growth	H.N	% Growth
American	xxx MB	+20 %	15,362	+19 %
Chinese	ххх МВ	+20 %	19,809	+8 %
Myanmar	ххх МВ	+46 %	7,838	+54 %
British	хх МВ	+15 %	4,313	+22 %
Australian	хх МВ	+90 %	2022	+32 %



















From Competition to Collaboration

Global Chinese Hospital Alliance Vision:

- Platform for exchange
- Shared quality standards
- Professional mobility
- Joint innovation & responsibility

"Cross-border health is about shared values."

Cross-Border Hospital Management Defined



Multi-jurisdiction operations legal, financial, clinical governance



Tele-coordination and digital integration



Cultural and language adaptation



Compliance with MOH, JCI & others

















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BDMS Group 4 Case Study

Footprint

Northern & Northeastern Thailand South China + Myanmar + Laos + Cambodia

Hub-and-Spoke Model

Hub-and-Spoke model linking Chiang Mai, Chiang Rai, Khon Kaen, Pitsanulok, Yangoon, Vientiane, Phnom Penh and South China

Framework

Unified 'Value-Based Healthcare & JCI Standard' framework























Governance and Leadership Across Border

Governance Structure

- Unified governance and ESG oversight
- CEO–CFO coordination mechanisms

- One Policy,Many Cultures'principle
- Case:
 BCM & BKH Fire
 Risk and
 Clinical Quality
 Alignment

















Quality Framework: International Standards in Local Context

- JCI up to 8th Edition as backbone
- Localization:
 - Multilingual policies (EN–TH–CN–MM)
 - Cultural competence training
 - Electronic incident reporting

"Local custom must never dilute global standards."



















Digital Transformation as a Bridge



Smart Hospital strategy (align with forum theme)



Cross-border EHR & Tele-consult networks



Al-supported clinical audit for JCI metrics



Data security & patient privacy governance

















Capacity Building & Talent Exchange



Training

BDMS
International
Training for Laos &
Cambodia
clinicians.

Leadership Program

Ulrich, Kotter

Quality Management Fellowship

JCI Singapore.

Next – Gen ASEAN Healthcare Leaders



















Challenges and Lessons Learned

Regulatory Fragmentation & Licensure Barriers

Language & Trust Gaps

Financial Alignment (Insurance, TRICARE/FMP)

Overcoming via Mutual Recognition & Shared Protocols







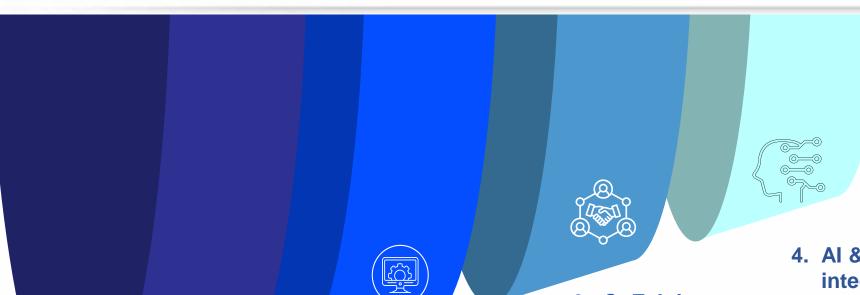












1. ASEAN Cross-Border Referral Corridor 2. Virtual Command Center for Quality & Risk Monitoring 3. CoE Joint
Accreditation
Network with
partners

4. Al & Genomics integration across multisite care

Strategic Roadmap 2025–2030

















BDMS Impact Metrics

10%

200

>90%

Mortality Reduction

Lives saved annually

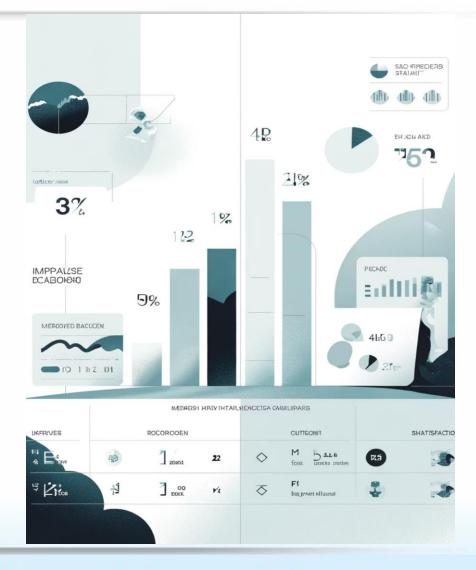
Patient satisfaction

via standardized (Bangkok Hospital Chiang Mai protocols case)

(CoE patient CSI)

Additional Outcomes

Lower Re-Admission & Sentinel Events.





















within Alliance

Future of Cross-Border Healthcare Alliances

Shared research

AI, Telemedicine, Elderly Care

Multi-center clinical trials

"Beyond borders — Toward a shared standard of care."



















Call to Action & Closing Quote









The Global Chinese Hospital **Alliance**

Commit to common standards & peer review

Empower next-gen leaders

"Excellence in healthcare is a shared journey across nations."















Thank You Q&A

Contact: narintara.bo@bdms.co.th

















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BDMS RECOGNIZED AS LEADING COMPANY IN DJSI 2023

(DJSI World and DJSI Emerging Markets) Under Health Care Providers and Services Sector

Environmental Dimension

Net Zero Emission by 2050

Renewable Energy Support (Solar cell) in 21 hospitals reduced 5,667 tons CO / year

GREEN 2024

8 Environmental Projects





Water Reduction 38.900 m³

Decarbonization 1,815 ton CO.

Social Dimension

Contributing the Value to Society



CPR BDMS Basic Life Support 931 courses 61,172 participants

> **Knee Replacement** Initiative 170 cases





Nurse Scholarships for 102 undergraduate students

Medical training project to increase innovation efficiency "Direct Anterior Approach Hip Replacement (DAA) **Medical Training** with 180 physicians in 170 hospitals



Governance Dimension Deliver Quality and Innovation



Innovation continuity to increase business opportunity

Direct Anterior Approach Hip Replacement (DAA) **Innovation Technique** to increase 5 times of patient care accessibility (800 patients)





BDMS Awards containing 657 innovation projects to enhance innovation culture and drive to smart hospital

Provide Valued Healthcare Services

Customer Satisfaction Index 93.81%

Continue **Having Treatment**

Customer Recommendation



















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www.BDMS.co.th













